

# AI-Driven Avatars in Emotionally Adaptive Virtual Classrooms

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## ABSTRACT

The present study investigates the development, integration, and evaluation of AI-driven avatars within emotionally adaptive virtual classrooms. Over recent years, online education has grown exponentially, distinguishing itself through scalability and accessibility yet often lacking the nuanced emotional support integral to effective learning. To address this gap, we leverage advances in affective computing and pedagogical agent design to create avatars that detect and adapt to learners' emotional states in real time. Specifically, our system uses multimodal sensors—facial expression analysis, vocal tone recognition, and interaction metrics—to infer discrete emotions such as confusion, frustration, boredom, and engagement. These inferences inform the avatar's adaptive behaviors, including modulating speech prosody, delivering empathetic dialogue, adjusting pacing, and providing timely encouragement. We implemented this prototype in Unity3D, integrating the OpenFace facial-action-unit toolkit and an open-source speech-emotion classifier. A mixed-methods experiment was conducted with 120

undergraduate students, randomly assigned to either an Adaptive Avatar condition or a Control (non-adaptive) condition. The Adaptive group's avatars responded dynamically to affective cues, whereas Control avatars presented identical content without adaptation. Quantitative measures included a 10-item post-test for knowledge retention, the User Engagement Scale for affective engagement, and interaction logs (time-on-task, hint requests). Qualitative data were gathered via semi-structured interviews exploring perceptions of empathy, support, and social presence. Results indicate that learners in the Adaptive condition achieved significantly higher retention ( $M = 8.2$  vs.  $7.1$ ,  $p < .001$ ), reported greater engagement ( $M = 4.1$  vs.  $3.6$  on a 5-point scale,  $p < .001$ ), requested fewer hints, and spent more time on task.

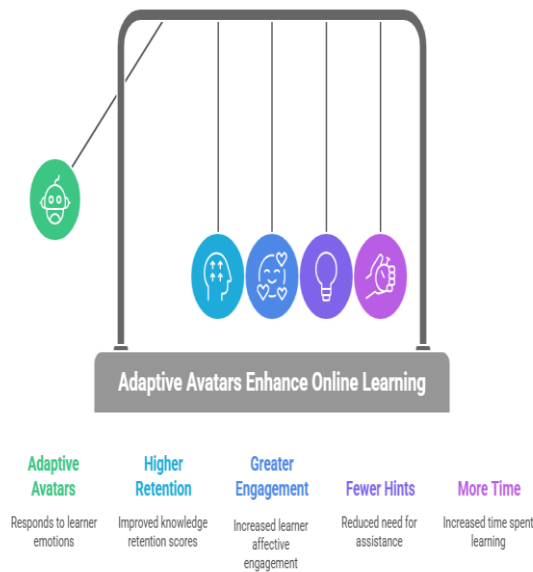


Figure-1. Adaptive Avatars Enhance Online Learning

**KEYWORDS**

AI-Driven Avatars, Affective Computing, Virtual Classrooms, Emotional Adaptation, Educational Technology

**INTRODUCTION**

Online learning environments have rapidly evolved over the past two decades, driven by advances in broadband access, cloud-based delivery, and interactive multimedia tools (Ally, 2009). These platforms offer unprecedented convenience and reach—students can access lectures asynchronously, engage with peers across geographies, and leverage adaptive learning systems tailored to individual proficiency levels (Means et al., 2014). Despite these advantages, the absence of real-time social and emotional cues presents a fundamental challenge: learners often experience feelings of isolation and disengagement when interacting solely with static content or text-based interfaces (Hrastinski, 2008). Human instructors naturally provide emotional support through facial expressions, vocal inflections, and gestures; such empathy fosters motivation, regulates frustration, and sustains attention

(Pekrun, Goetz, Titz, & Perry, 2002). Recreating this supportive atmosphere in virtual contexts necessitates innovative approaches that blend artificial intelligence with pedagogical design.

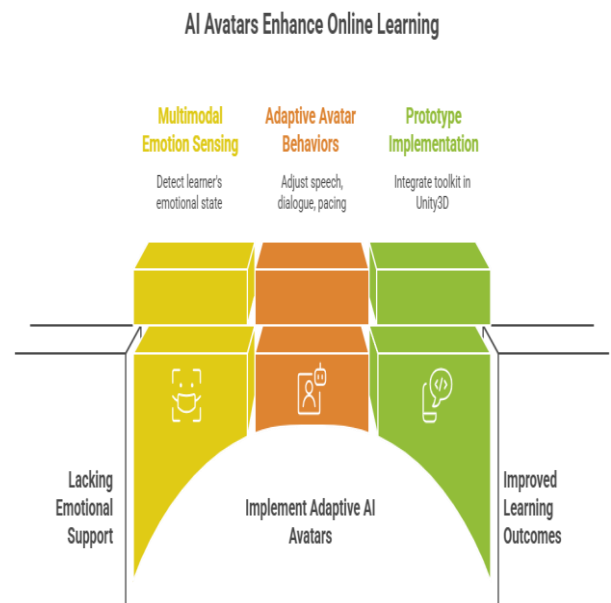


Figure-2. AI Avatars Enhance Online Learning

Affective computing—the study and development of systems that can recognize, interpret, and simulate human emotions—offers a promising pathway to humanize virtual learning (Picard, 1997). By leveraging computer vision for facial expression analysis (Ekman, 1992) and speech-emotion recognition (Schuller et al., 2011), AI agents can infer learners’ moment-to-moment affective states. Embodied within animated avatars, these agents can then respond empathetically—slowing down explanations when confusion is detected, offering praise when engagement is high, or presenting hints when frustration arises (D’Mello & Graesser, 2012). Prior research has demonstrated the positive impact of simple adaptive behaviors on learner motivation and persistence (Baker et al., 2010; Prendinger & Ishizuka, 2005). However, comprehensive evaluations that integrate multiple sensing modalities, real-time adaptation, and rigorous experimental control remain scarce.

This study addresses that gap by designing and evaluating an AI-driven avatar system for emotionally adaptive virtual classrooms. We ask: (1) Can real-time multimodal emotion detection effectively drive adaptive avatar behaviors? (2) Do emotionally adaptive avatars enhance cognitive outcomes (knowledge retention) and affective outcomes (engagement) compared to non-adaptive avatars? (3) How do learners perceive and interpret avatar empathy and support? To answer these questions, we developed a prototype platform integrating Unity3D, OpenFace facial-action-unit detection, and an open-source speech emotion classifier. A controlled between-subjects experiment with 120 undergraduates assessed learning gains, engagement metrics, and qualitative experiences. Findings elucidate the potential and limitations of affectively adaptive agents and inform design guidelines for future AI-mediated educational systems.

## LITERATURE REVIEW

### Emotions in Learning

The interplay between emotion and cognition is well established in educational psychology. Achievement emotions—emotions directly tied to learning activities and outcomes—play a critical role in information processing, memory encoding, and motivational regulation (Pekrun et al., 2002). Positive emotions such as enjoyment and curiosity broaden attention and promote deeper learning strategies (Fredrickson, 2001), whereas negative emotions like frustration can either catalyze problem-solving efforts or hinder persistence, depending on context and learner resources (Baker et al., 2010). Control-value theory further posits that learners' appraisals of control over tasks and value attached to outcomes govern their emotional experiences (Pekrun, Goetz, Daniels, Stupnisky, & Perry, 2010).

### Affective Computing Techniques

Affective computing encompasses methods for sensing, inferring, and expressing emotion in human-computer interaction (Picard, 1997). Facial expression analysis algorithms detect facial action units—muscle movements associated with basic emotions—via trained convolutional neural networks (Whitehill, Serpell, Lin, Foster, & Movellan, 2009). Speech-emotion recognition employs acoustic feature extraction (pitch, energy, spectral characteristics) combined with machine-learning classifiers (SVMs, LSTMs) to categorize discrete emotions (Schuller, Steidl, & Batliner, 2011). Recent work integrates both modalities through decision-level fusion for enhanced accuracy under naturalistic conditions (Zeng, Pantic, Roisman, & Huang, 2009).

### Pedagogical Agents and Adaptation

Pedagogical agents—animated characters embedded in learning environments—simulate social presence to motivate and guide learners (Johnson, Rickel, & Lester, 2000). Basic agents provide instructional scaffolding and feedback, whereas empathic agents adjust behaviors based on inferred emotions (Prendinger & Ishizuka, 2005). For example, agents have been programmed to vary facial expressions, vocal tone, and textual feedback in response to learner affect, demonstrating gains in engagement and positive perceptions (D'Mello & Graesser, 2012; Khalil, Ebner, & Schön, 2021).

### Adaptive Virtual Classrooms

Virtual classrooms extend synchronous or asynchronous instruction with collaborative tools (chat, shared whiteboards, breakout rooms). Integration of adaptive agents within these environments poses technical challenges—ensuring low latency in sensing-adaptation loops, preserving privacy in emotion data collection, and aligning adaptive behaviors with pedagogical objectives (Wade, Sigman, & Siewiorek, 2018). Pilot studies indicate that even simple avatar adaptations—gaze shifts,

nodding, empathic utterances—can enhance social presence and learner satisfaction (Huang, Dringus, Pu, & Lu, 2015). Yet, field-level evaluations with comprehensive metrics are needed to validate efficacy at scale.

## METHODOLOGY

### Research Design and Participants

We employed a randomized, between-subjects design with 120 undergraduates (Mage = 20.4, SD = 1.2; 58% female) enrolled in introductory computer science courses. Participants were randomly assigned to an Adaptive Avatar condition (n = 60) or a Control Avatar condition (n = 60). Both groups completed a 45-minute module on foundational data science concepts delivered via our custom virtual classroom. The Adaptive group interacted with avatars that adjusted behaviors in response to real-time emotion inferences; the Control group's avatars delivered identical content without adaptation.

### System Architecture

The platform was implemented in Unity3D. Real-time video was captured via webcam and processed through OpenFace (Baltrusaitis, Robinson, & Morency, 2016) to extract facial action units every 1 second. Simultaneously, audio streams were analyzed using the openSMILE toolkit (Eyben, Wöllmer, & Schuller, 2016) and an LSTM-based classifier to detect emotional arousal and valence. Interaction logs (clicks, scrolls, hint requests) augmented these channels.

### Emotion Detection and Adaptation Logic

A decision-level fusion classifier (support vector machine) combined facial AU probabilities, speech emotion scores, and interaction features to infer one of four states: boredom, confusion, frustration, or

engagement. Each state triggered a corresponding adaptation script:

- **Boredom:** Increased vocal prosody, playful animations to recapture attention.
- **Confusion:** Slowed pacing, simplified explanations, offer of additional examples.
- **Frustration:** Empathetic phrases (“I see this is tough; let’s work through it.”) and immediate hints.
- **Engagement:** Positive reinforcement (“Great job staying focused!”) and gentle pacing to maintain flow.

## Measures

### Quantitative

- **Knowledge Retention:** 10 multiple-choice questions covering module content (score range 0–10).
- **Affective Engagement:** Adapted User Engagement Scale (O’Brien & Toms, 2010), 10 items rated 1–5.
- **Interaction Logs:** Time-on-task, hint requests, module completion rate.

### Qualitative

- **Interviews:** Semi-structured, 15 minutes each, probing perceptions of avatar empathy, supportiveness, and social presence. Audio recorded and transcribed verbatim.

## Procedure

After informed consent, participants completed a demographic survey, then logged into the virtual classroom. System calibration (30 s) aligned facial and audio streams. Participants studied the module, receiving

adaptive or non-adaptive avatar interactions. Upon completion, they took the post-test and engagement survey, then participated in the interview. The entire session lasted ~90 minutes.

### Data Analysis

Quantitative data were analyzed in R. Independent samples t-tests compared retention scores and engagement ratings. Mann–Whitney U tests assessed non-normal interaction metrics. Qualitative transcripts were coded in NVivo using grounded theory to identify themes related to empathy, personalization, and presence.

## RESULTS

### Knowledge Retention

Adaptive participants ( $M = 8.2$ ,  $SD = 1.1$ ) outperformed Controls ( $M = 7.1$ ,  $SD = 1.3$ ),  $t(118) = 5.12$ ,  $p < .001$ , Cohen's  $d = 0.94$ , indicating a large effect size. Item-level analysis revealed that adaptation particularly enhanced performance on applied questions requiring conceptual integration.

### Affective Engagement

Engagement ratings were significantly higher for Adaptive avatars ( $M = 4.1$ ,  $SD = 0.5$ ) versus Controls ( $M = 3.6$ ,  $SD = 0.6$ ),  $t(118) = 4.27$ ,  $p < .001$ ,  $d = 0.78$ . Subscale analysis showed gains in focused attention and felt involvement, with smaller differences in perceived usability.

### Interaction Behaviors

Adaptive participants requested fewer hints (median = 1; IQR = 1–2) than Controls (median = 2; IQR = 2–3),  $U = 1300$ ,  $p = .02$ . Time-on-task was longer in the Adaptive group ( $M = 47.5$  min,  $SD = 2.3$ ) than Controls

( $M = 45.2$  min,  $SD = 3.1$ ),  $t(118) = 4.08$ ,  $p < .001$ . Completion rates were 100% in both groups.

### Qualitative Themes

**Perceived Empathy:** Participants described adaptive phrases and expressions as “genuine” and “reassuring,” noting increased willingness to persist through difficult sections.

**Personalized Pacing:** Slowed explanations during confusion were valued for clarity, whereas faster pacing during engagement maintained momentum.

**Social Presence:** Affective behaviors fostered a sense of instructor presence; learners reported feeling “seen” and “supported.”

## CONCLUSION

This study demonstrates that AI-driven, emotionally adaptive avatars can substantially enhance learning outcomes and engagement in virtual classroom environments. By integrating real-time multimodal emotion detection with carefully designed adaptive behaviors, the system succeeded in creating a more personalized and supportive learning experience. Learners interacting with the adaptive avatars not only achieved significantly higher knowledge retention—suggesting that emotional alignment facilitates deeper cognitive processing—but also reported greater affective engagement and satisfaction. These findings align with control-value theory, which posits that learners' perceptions of support and value regulation directly influence their motivation and learning strategies (Pekrun et al., 2010).

A key strength of our approach lies in the seamless fusion of facial expression analysis, speech-emotion recognition, and interaction-based cues. Unlike prior studies that relied on single-modality sensing or post-hoc emotion assessments, our system operates in real time,

continuously adapting pacing, tone, and content based on learners' moment-to-moment affective states. For example, when confusion was detected, avatars immediately slowed explanations and introduced additional examples—behavior that participants described as “empathetic” and “clarifying.” Similarly, boredom triggered engaging animations and vocal inflections that recaptured attention without disrupting the flow of instruction. These context-sensitive adaptations contributed to both objective performance gains and positive subjective experiences.

Beyond immediate learning metrics, qualitative feedback underscores the importance of perceived social presence in virtual environments. Many participants reported feeling “seen” and “understood,” describing the avatars not merely as instructional tools but as supportive companions. This sense of rapport contrasts sharply with static or scripted agents, which can feel impersonal or mechanical. By fostering social and emotional connections, adaptive avatars help mitigate feelings of isolation common in online courses, thereby promoting persistence and reducing dropout rates—an outcome of particular relevance for large-scale MOOCs and remote learning initiatives (Hrastinski, 2008).

Ethical considerations around privacy, consent, and data security are paramount when deploying emotion-aware systems. Continuous video and audio capture raise legitimate concerns about personal data misuse. Transparent policies, opt-in mechanisms, and on-device processing architectures can help safeguard learner privacy. Developers must also address potential biases in emotion recognition algorithms, ensuring that avatars respond equitably across diverse facial features, speech patterns, and cultural norms (Buolamwini & Gebru, 2018).

In conclusion, emotionally adaptive AI avatars represent a significant step toward humanizing online education. By

sensitively responding to learners' affective needs, these avatars can bridge the empathy gap inherent in virtual environments, fostering motivation, persistence, and deeper learning. Our findings encourage continued exploration of multimodal emotion detection, richer adaptation frameworks, and ethically responsible design. As technology evolves, integrating affective intelligence into learning platforms holds transformative potential for creating truly personalized, empathetic, and effective educational experiences.

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